

AERCs Therapy Toronto - Toronto

Psychotherapist In Toronto

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Discover AERCs Therapy in Toronto: An Inclusive Space for Healing

AERCs Therapy, located in the heart of Toronto, Ontario, is not just a therapy clinic; it's a sanctuary designed with **accessibility** and inclusivity in mind. As a **women-owned** business, AERCs Therapy proudly identifies as a safe space for everyone, particularly focusing on the needs of LGBTQ+ individuals and providing a **transgender safe space**.

Planning Your Visit: Accessibility Meets Comfort

When planning your visit to AERCs Therapy, you'll find that it is equipped with **wheelchair-accessible seating** and a **wheelchair-accessible car park**. This commitment to **accessibility** ensures that everyone can receive the mental health support they need without barriers. The facility also features a **wheelchair-accessible toilet**, further enhancing the comfort for all visitors.

Service Options Tailored to Your Needs

AERCs Therapy offers a variety of **service options** designed to cater to diverse mental health needs. With sessions led by Gloria Segovia, clients have expressed immense gratitude for her compassionate and structured approach. Many have noted how Gloria has helped them tackle complex issues such as PTSD and childhood trauma, creating a **supportive environment** where they feel heard and understood.

Amenity-Focused Care

The clinic not only provides therapeutic services but also ensures that clients have access to essential **amenities**. From language assistance to easily bookable appointments, AERCs Therapy is dedicated to making your experience as seamless as possible. Appointments are recommended to ensure that each client receives the focused attention they deserve.

Testimonials Highlighting Transformative Experiences

Clients frequently rave about their experiences at AERCs Therapy. One individual shares, "I didn't think much of therapy beforehand, but I now say without any doubt that Gloria has changed my outlook on life." This sentiment is echoed by many who have found Gloria's techniques not only helpful but life-changing.

Another client describes the process as empowering: "Gloria has helped me develop a deeper understanding of my PTSD, offering insights and strategies to manage my triggers and symptoms." This reflects the profound impact that AERCs Therapy strives to provide to every individual who walks through its doors.

A Commitment to Compassion and Understanding

At AERCs Therapy, the focus remains on creating a comfortable atmosphere where clients can express their feelings freely. One client shares their appreciation for Gloria's approach: "Her patience, understanding, guidance, and support have helped me during this difficult time in my life." Such testimonials highlight the importance of empathy and connection in therapeutic settings.

Why Choose AERCs Therapy?

If you're looking for a therapist who embodies both expertise and genuine care, AERCs Therapy stands out as a top choice in Toronto. Gloria's dedication to fostering a safe space for open communication and healing makes a significant difference. As one satisfied client put it, "I wholeheartedly recommend Gloria. Her work with me has been life-changing."

In summary, AERCs Therapy is committed to making mental health support accessible and inclusive for everyone. With its wheelchair-accessible amenities, LGBTQ+ friendly environment, and compassionate staff, it is an excellent choice for anyone seeking support in their healing journey.

The location of our business is in

1849 Yonge St Suite 301, M4S 1Y2 Toronto, Ontario - Canada (CA)

The phone of the respective **Psychotherapist** is +1416-486-2300

And if you want to send a WhatsApp, you can do so at +1416-486-2300

Our business hours are:

Day	Hours
Monday	Closed
Tuesday	Closed
Wednesday	Closed
Thursday	9?AM–7:30?PM
Friday	9?AM–9?PM
Saturday	9?AM–9?PM
Sunday	9?AM–9?PM

The website is AERCs Therapy Toronto

If you require to adjust any information that you think is not precise about this page, we ask deliver a message so we can we will adjust it promptly. Thanks beforehand we appreciate it.

Images



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Tags

Accessibility, Identifies as women-owned, From the business, Appointments recommended, Transgender safe space, Toilet, Planning, Language assistance, Wheelchair-accessible car park, Crowd, Service options, LGBTQ+ friendly, Wheelchair-accessible toilet, Amenities, Wheelchair-accessible seating

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