

Mindtrek: Services and businesses in Canada

### Whitehouse Psychotherapy - Richmond Hill

richmond hill



| Published on: 21/04/25 | Hits: 64     |
|------------------------|--------------|
| Comments: 0            | See comments |
| Votes: 8               | Score: 5     |

https://www.mindtrek.ca/psychotherapist/richmond-hill/whitehouse-psychotherapy-richmond-hill\_2145 32.php



## richmond hill

Whitehouse Psychotherapy - Richmond Hill

## Welcome to Whitehouse Psychotherapy in Richmond Hill, Ontario

At Whitehouse Psychotherapy, we strive to create a welcoming and accessible environment for all clients. Our office is wheelchair-accessible, with an on-site parking lot and free parking options available. We highly recommend that you schedule your visit by making an appointment in advance, as our services cater to individual needs effectively.

#### **About Our Services**

As a proud **women-owned business**, we are dedicated to providing comprehensive psychotherapy services tailored to meet each client's unique requirements. Whether you seek support for **anxiety**, **depression**, or coping with relationships, our experienced therapists, including Shelley, are here to help.

### **Client Experiences**

Our clients consistently highlight the transformative experiences they have had at Whitehouse Psychotherapy. Many have shared how Shelley has taken the time to understand their specific needs, often going above and beyond to offer personalized programs. One client stated, "Before meeting Shelley, I was so stressed...she has helped me move through dependency patterns and compassion fatigue."

Another client noted, "My eczema has finally cleared up, I finally have more control over my emotions, and I know how to set healthy boundaries!" These testimonies reflect the profound impact of our therapeutic approach.

### **Therapeutic Approach**

Shelley embodies a **balanced** and authentic therapeutic presence, combining **intellect** and **intuition**. Clients have expressed gratitude for her compassionate listening, patience, and ability to create a safe space to explore deep traumas. "To say she helped me is an understatement," shared one client, highlighting the life-changing journey guided by Shelley.

## **Accessibility and Amenities**

Whitehouse Psychotherapy is committed to ensuring that our services are accessible to everyone. In addition to our wheelchair-accessible facilities, we also provide language assistance for those who may require it. Our location offers free-of-charge street parking and service options that fit your needs.

#### **Contact Us**

If you are ready to take the first step towards healing, we encourage you to reach out. Appointments are recommended, so please call us today to discuss your needs and find out if we are the right fit for you. **Whitehouse Psychotherapy** is here to support your journey toward a balanced and fulfilling life.

#### You can visit us at the address:

#### 4 Trish Dr, L4E 5C5 Richmond Hill, Ontario - Canada (CA)

The contact line of the mentioned **Psychotherapist** is <u>+1416-562-5542</u> And if you want to send a WhatsApp, you can do so at<u>+1416-562-5542</u>

## We open at the following schedule:

Day Hours Monday 8?AM-8?PM Tuesday 8?AM-8?PM Wednesday 9?AM-6?PM Thursday 4-8?PM Eriday 8?AM-8?PM Saturday 8?AM-8?PM Sunday 9?AM-8?PM

The website is Whitehouse Psychotherapy

If you wish to adjust any detail that you consider is not correct concerning this page, please send a message so we can we will adjust it quickly. In advance thank you very much.

## **Images**



Whitehouse psychotherapy street view 360deg



Whitehouse psychotherapy richmond hill



Whitehouse psychotherapy map



Whitehouse psychotherapy by owner



Whitehouse psychotherapy all

# **Tags**

Appointment required, Toilet, Wheelchair-accessible car park, Accessibility, Language assistance, Parking, Free of charge street parking, From the business, Planning, Service options, Free parking lot, Identifies as women-owned, Amenities, On-site parking, Appointments recommended

### **Related content**

| 3.0 * | Dig A Little Deeper, Psychotherapy & Counselling - Alliston |
|-------|---|
| 4.3 * | Embrace Well Psychological Services - Ajax                  |
| 5.0 * | Vanessa Robson Therapy- Brooklin's Individual, Couples, and |
|       | Family Therapists - Brooklin                                |
| 5.0 * | Crew Psychotherapy and Trauma Services - Whitby             |
| 4.8 * | Insightful Journey Inc Oshawa                               |
| 5.0 * | Mensah Psychotherapy - Whitby                               |
| 5.0 * | Psychotherapy Works - Ajax                                  |
| 3.7 * | MacDonald Psychotherapy - Ajax                              |
| 5.0 * | Sunlight Psychotherapy - Alliston                           |
| 4.7 * | Sosna Psychotherapy - Ajax                                  |

# **Categories**

| acupuncture clinic                 |
|------------------------------------|
| acupuncturist                      |
| addiction treatment center         |
| art studio                         |
| bankruptcy service                 |
| child health care centre           |
| child psychologist                 |
| chiropractor                       |
| community center                   |
| community health centre            |
| consultant                         |
| corporate office                   |
| counselor                          |
| dentist                            |
| doctor                             |
| education center                   |
| emdr psychotherapist               |
| equestrian facility                |
| family counselor                   |
| family service center              |
| fitness center                     |
| health counselor                   |
| health spa                         |
| holistic medicine practitioner     |
| home health care service           |
| hotel                              |
| laser hair removal service         |
| life coach                         |
| lymph drainage therapist           |
| marriage or relationship counselor |
| massage spa                        |
| massage therapist                  |
| medical center                     |
| medical clinic                     |
| medical spa                        |
| mental health clinic               |
| mental health service              |
| naturopathic practitioner          |
| nutritionist                       |
| occupational health service        |
| orthopedic clinic                  |
| orthotics & prosthetics service    |
|                                    |

| personal trainer                 |
|----------------------------------|
| pharmacy                         |
| physical therapist               |
| physical therapy clinic          |
| psychiatrist                     |
| psychologist                     |
| psychologists                    |
| psychotherapist                  |
| skin care clinic                 |
| sleep clinic                     |
| social services organization     |
| social worker                    |
| spa                              |
| speech pathologist               |
| sports medicine clinic           |
| student career counseling office |
| support group                    |
| wellness center                  |
| yoga studio                      |