

The Whitestone Clinic - Ottawa

Psychotherapist In Ottawa



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Psychotherapist In Ottawa

The Whitestone Clinic - Ottawa

The Whitestone Clinic: A Sanctuary for Mental Health in Ottawa

The Whitestone Clinic in Ottawa, Ontario, has become a renowned hub for individuals seeking comprehensive mental health support. With an emphasis on personalized therapy, the clinic is designed to cater to various needs and preferences, ensuring that everyone feels welcome and supported.

Accessible Amenities for All

One of the standout features of The Whitestone Clinic is its commitment to accessibility. The facility includes a **wheelchair-accessible car park**, making it easy for clients with mobility challenges to access the clinic. Furthermore, the presence of a **wheelchair-accessible toilet** enhances the overall comfort and convenience for all visitors.

The Importance of Appointments

Due to the clinic's popularity and the high demand for its services, **appointments are recommended**. This ensures that each client receives the dedicated time and attention they deserve. Whether you are experiencing anxiety, depression, or other mental health challenges, planning your visit ahead of time will help facilitate a smoother experience.

Personalized Therapy Tailored to Individual Needs

Clients have consistently praised the therapists at The Whitestone Clinic for their **unique approaches** to therapy. Michael Browning, one of the most notable professionals at the clinic, has been described as a "specially gifted counsellor." His intuitive understanding of complex mental situations has provided clients with invaluable support and self-discovery. Many clients appreciate that there is no "cookie-cutter" approach, as each therapy session is tailored to meet individual needs.

Client Testimonials Reflecting Exceptional Care

Feedback from clients illustrates the high level of care offered at The Whitestone Clinic. One client expressed gratitude for Michael's ability to provide perspective in stressful times, stating, "I've had a few therapists in my life...and Michael is one that has not given me a cookie cutter approach." This sentiment is echoed by others who have experienced significant growth and insight through their sessions.

Another client mentioned Gerard, highlighting the long-term therapeutic relationship they have built, which underscores the effectiveness and trust fostered at The Whitestone Clinic. Such testimonials affirm that clients find not only qualified professionals but also compassionate allies in their mental health journeys.

Conclusion

The Whitestone Clinic stands out as a premier destination for mental health support in Ottawa, Ontario. Its commitment to accessibility, personalized therapy, and exceptional care creates an environment where individuals can thrive. Whether you are facing unique challenges or simply seeking guidance,

consider scheduling an appointment to experience the transformative potential of therapy at The Whitestone Clinic.

Our premises are located at

38 Auriga Dr # 12, K2E 8A5 Ottawa, Ontario - Canada (CA)

The phone of this **Psychotherapist** is +1613-736-7217

And if you want to send a WhatsApp, you can do so at +1613-736-7217

You can visit us at the following hours:

| Day | Hours |
|-----------|------------|
| Monday | 10?AM–6?PM |
| Tuesday | 10?AM–6?PM |
| Wednesday | 10?AM–6?PM |
| Thursday | Closed |
| Friday | Closed |
| Saturday | Closed |
| Sunday | 10?AM–6?PM |

The website is The Whitestone Clinic

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Images



The whitestone clinic ottawa

Tags

Wheelchair-accessible toilet, Appointments recommended, Toilet, Amenities, Planning, Accessibility, Wheelchair-accessible car park

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