

Wise Hearts Therapy - Emdr & Cbt Therapist Sudbury - Greater Sudbury

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Welcome to Wise Hearts Therapy: Your Trustworthy Psychotherapist in Sudbury

At **Wise Hearts Therapy**, our commitment is to provide compassionate and effective mental health support tailored to your unique needs. Located in the heart of Greater Sudbury, Ontario, we specialize in **EMDR (Eye Movement Desensitization and Reprocessing)** and **CBT (Cognitive Behavioral**

Therapy)** , empowering individuals to navigate their mental health challenges.

Planning Your Visit

When planning your visit to Wise Hearts Therapy, please note that ****appointments are required**** for all sessions. We encourage you to book in advance to secure your spot.

About Us

****Identifying as a women-owned business****, Wise Hearts Therapy proudly supports the LGBTQ+ community and fosters an inclusive environment for all clients. Our goal is to create a safe space where everyone feels welcome and understood.

Amenities and Accessibility

We understand the importance of comfort and accessibility during your therapy sessions. Our facility features: - A ****wheelchair-accessible car park**** for easy access. - Accessible ****toilet facilities**** to ensure a welcoming environment for all. - A range of amenities designed to enhance your experience.

From the Business

At Wise Hearts Therapy, we prioritize your mental well-being. Our experienced therapists are dedicated to guiding you through your journey with empathy and professionalism.

Recommendations for Appointments

While ****appointments are recommended****, we strive to accommodate your needs as best as possible. Planning ahead ensures you receive the attention and care you deserve without any delays.

Connect with Us

If you're looking for a supportive and understanding psychotherapist in Greater Sudbury, Ontario, consider reaching out to Wise Hearts Therapy. We are here to help you achieve a healthier mindset through quality therapy. Don't hesitate to take the first step towards emotional healing today!

We are based in

1191 Lansing Ave Suite 7 Unit 1, P3A 4C4 Greater Sudbury, Ontario - Canada (CA)

The contact line of this **Psychotherapist** is +1249-360-9117

And if you want to send a WhatsApp, you can do so at +1249-360-9117

The website is Wise Hearts Therapy - EMDR & CBT Therapist Sudbury

If you wish to change any element that you believe is not correct about this site, we ask forward a message so that we will handle it as soon as possible. Thank you in advance thank you very much.

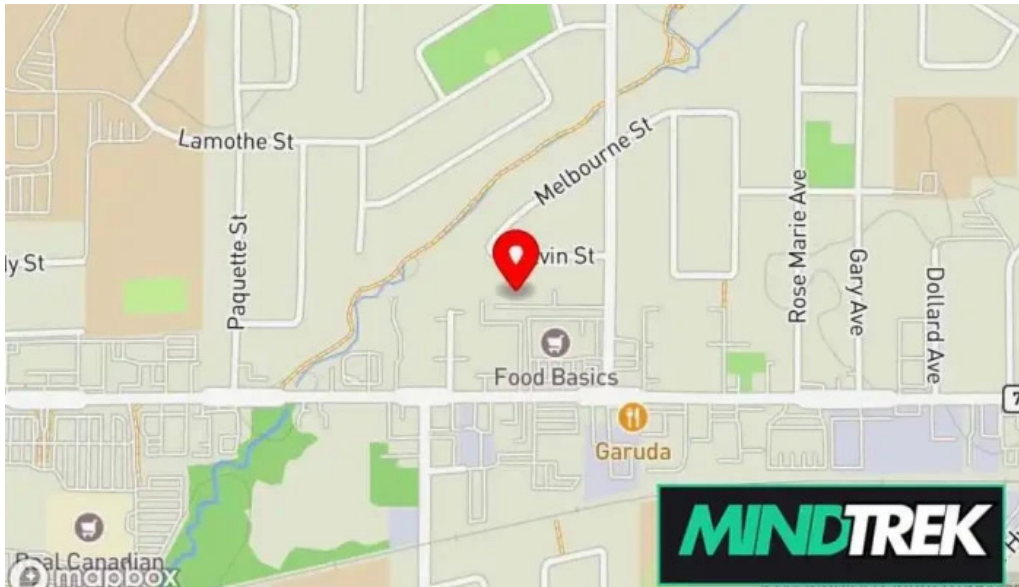
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Tags

Amenities, Planning, Appointments recommended, Identifies as women-owned, Appointment required, Wheelchair-accessible car park, Crowd, Toilet, Accessibility, From the business, LGBTQ+ friendly

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