

## Adam Spencer Counselling - Cobourg

Psychotherapist In Cobourg



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### *Psychotherapist In Cobourg*

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### **Discover Peace with Adam Spencer Counselling in Cobourg, Ontario**

If you're searching for a professional who can assist you in navigating life's challenges, look no further than **\*\*Adam Spencer Counselling\*\***. Situated in the heart of **\*\*Cobourg, Ontario\*\***, Adam is a dedicated psychotherapist known for his compassionate approach and supportive environment.

### **Why Choose Adam Spencer?**

Many clients have expressed the transformative experience they've had with Adam. One client remarked, "There is a weight you're carrying, you may not

know it, but it's there." Adam excels at helping individuals identify and manage those burdens, leading to improved mental well-being and stronger interpersonal relationships.

## **Comfort and Accessibility**

When planning your visit to Adam Spencer Counselling, rest assured that **\*\*amenities\*\*** and **\*\*accessibility\*\*** are prioritized. The practice features a **\*\*wheelchair-accessible car park\*\*** for those who require it. Furthermore, the environment is designed to be calm and comfortable, allowing clients to engage openly without fear of judgment.

## **Session Recommendations**

Appointments are **\*\*recommended\*\*** to ensure you receive personalized attention. Clients have noted how easily they could connect with Adam, often likening their sessions to having a supportive and non-judgmental conversation with a close friend. His professional yet approachable demeanor makes it easier to discuss even the most difficult topics.

## **The Therapeutic Experience**

Participants frequently leave sessions feeling lighter and more hopeful. As one client stated, "At the end of every session, I felt relaxed, happy, relieved, and prepared to face life." Adam's ability to uplift clients through insightful discussions often leads them to discover new perspectives on their personal challenges.

## **Make the Call Today**

If you're considering taking the first step towards healing, picking up the phone to call Adam may be the best decision you ever make. Many clients have emphasized the immediate sense of comfort they felt upon reaching out, noting that it marked the beginning of their journey to a better life. In conclusion, whether you're dealing with deeply ingrained issues or navigating everyday stresses, Adam Spencer Counselling offers a nurturing space where growth and understanding blossom. Don't hesitate—take the first step today to find your peace.

## **We are based in**

438 Division St, K9A 3R8 Cobourg, Ontario - Canada (CA)

The contact line of said **Psychotherapist** is +1905-376-9544

And if you want to send a WhatsApp, you can do so at +1905-376-9544

## We are open during the following hours:

Day Hours  
Monday  
8?AM–6?PM  
Tuesday  
8?AM–6?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
8?AM–6?PM  
Saturday  
8?AM–6?PM  
Sunday  
8?AM–6?PM

The website is [Adam Spencer Counselling](#)

In case you want to modify any information that you think is incorrect regarding this portal, we ask send us a message and we will correct it at the earliest convenience. In advance thanks.

## Images



*Adam spencer counselling cobourg*

## Tags

*Toilet, Amenities, Accessibility, Appointments recommended, Wheelchair-accessible car park, Planning*

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child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
computer support and services
consultant
corporate office

counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family practice physician
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical office
medical spa
mental health clinic
mental health service
naturopathic practitioner
non-profit organization
nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
pain control clinic
pediatric clinic
personal trainer
pharmacy
physical therapist

physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
women's health clinic
yoga studio