


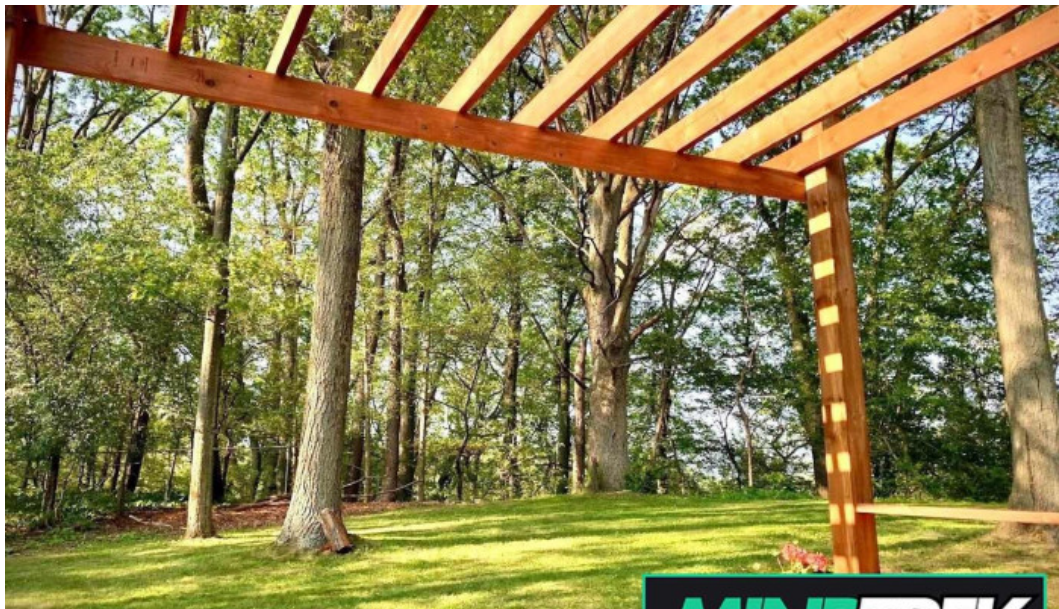
# Daru Therapy Centre Psychotherapy & Counselling - Ancaster

ancaster

 I'm not a robot 

Published on: 13/04/25	Hits: 22
Comments: 0	See comments
Votes: 2	Score: 5

[https://www.mindtrek.ca/psychotherapist/ancaster/daru-therapy-centre-psychotherapy-counselling-ancaster\\_204080.php](https://www.mindtrek.ca/psychotherapist/ancaster/daru-therapy-centre-psychotherapy-counselling-ancaster_204080.php)



*ancaster*

## *Daru Therapy Centre Psychotherapy & Counselling - Ancaster*

### **Discovering Daru Therapy Centre: A Sanctuary for Mental Wellness in Ancaster, Ontario**

At Daru Therapy Centre, Psychotherapy & Counselling, clients can expect a warm and welcoming environment dedicated to mental health support. This facility stands out not only for its professional services but also for its commitment to inclusivity and accessibility.

## **Accessibility and Amenities**

Daru Therapy Centre offers **wheelchair-accessible car park** facilities, ensuring that everyone can access the support they need. With an **on-site parking** lot, clients can conveniently park their vehicles without the stress of searching for space. **Free parking lot** options make it easier for individuals seeking mental health services to visit without worrying about extra costs. The centre is designed to be **LGBTQ+ friendly**, emphasizing its commitment to creating a safe environment for all clients, including those from the **transgender community**. This makes Daru Therapy Centre a **transgender safe space**, fostering a sense of belonging and acceptance.

## **Services Offered**

With various **on-site services**, clients can receive personalized care tailored to their unique situations. The therapists at Daru Therapy Centre prioritize understanding each client's needs, providing structured sessions that help individuals reflect on their thoughts and emotions. As one satisfied client noted, "Karl was able to summarize, reflect and get me to think about what was important to me at the time." Such valuable therapeutic approaches signify the quality of service offered.

## **Planning Your Visit**

When planning your visit to Daru Therapy Centre, please remember that **appointment required** is essential to ensure you receive dedicated attention from your therapist. The warmth of the interior ambiance coupled with accessible **toilet** facilities further enhances the overall experience for clients.

## **Crowd Dynamics**

While visiting, clients often appreciate the serene atmosphere, which is free from overwhelming crowds. This allows for focused sessions where meaningful discussions can take place, making the entire therapeutic experience more effective.

## **A Commitment to Well-Being**

The dedication of the team at Daru Therapy Centre is evident from their clients' testimonials. One person expressed immense gratitude, sharing, "Words can't describe how happy I am with their service. Thank you for helping me." This sentiment reflects the profound impact that effective therapy can have on an individual's life. In conclusion, if you're in Ancaster, Ontario, and looking for a supportive environment to navigate your mental health journey, consider the Daru Therapy Centre. With its accommodating amenities, expert therapists, and a focus on creating a safe space for all, it stands out as a beacon of hope and healing.

## Our location is in

323 Wilson St E #203, L9G 4A8 Ancaster, Ontario - Canada (CA)

The contact line of said **Psychotherapist** is +1905-741-8875

And if you want to send a WhatsApp, you can do so at +1905-741-8875

## Our business hours are:

Day Hours  
Monday  
*Closed*  
Tuesday  
*9?AM–8?PM*  
Wednesday  
*9?AM–8?PM*  
Thursday  
*9?AM–8?PM*  
Friday  
*9?AM–8?PM*  
Saturday  
*9?AM–8?PM*  
Sunday  
*10?AM–3?PM*

The website is Daru Therapy Centre Psychotherapy & Counselling

If you require to adjust any element that you believe is incorrect concerning this page, we ask send a message and we will adjust it as soon as possible. In advance thank you very much.

## Images



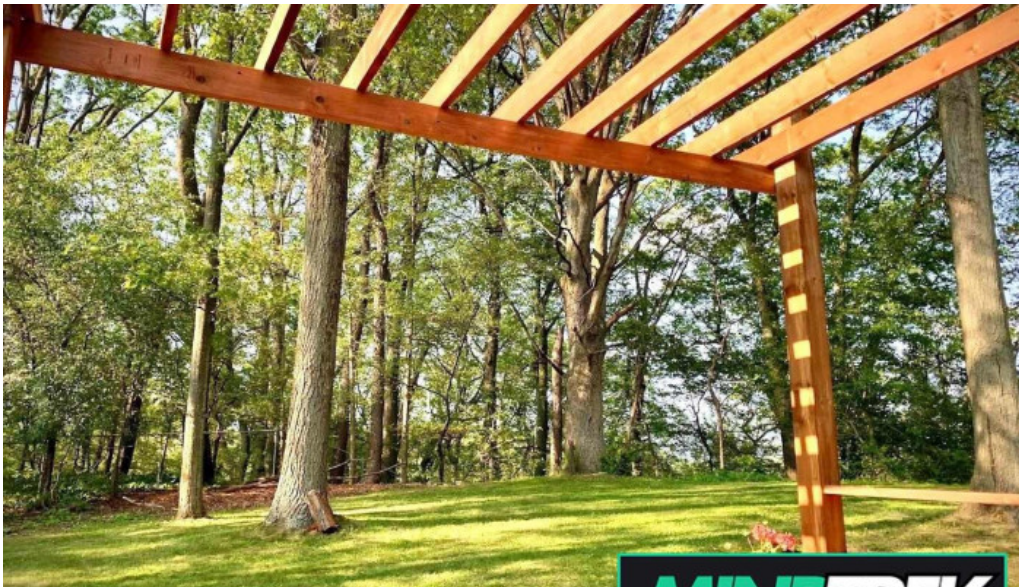
*Daru therapy centre psychotherapy counselling street view 360deg*



*Daru therapy centre psychotherapy counselling map*



*Daru therapy centre psychotherapy counselling by owner*



*Daru therapy centre psychotherapy counselling ancaster*



*Daru therapy centre psychotherapy counselling all*

## Tags

*Free parking lot, Crowd, Transgender safe space, Planning, Accessibility, Parking, On-site parking, Amenities, Wheelchair-accessible car park, Appointment required, Service options, Toilet, LGBTQ+ friendly, On-site services*

## Related content

---

**5.0 \*** *Access Therapy Centre - Oshawa*

---

**5.0 \*** *Centre For Cognitive Behaviour Therapy - Ajax*

---

**5.0 \*** *Crew Psychotherapy and Trauma Services - Whitby*

---

**4.4 \*** *Sunshine Learning Centre Inc. - Ajax*

---

**4.8 \*** *Unique Family Chiropractic & Wellness Centre - Ajax*

---

**4.8 \*** *Pickering Counseling Centre - Pickering*

---

**5.0 \*** *Vanessa Robson Therapy- Brooklin's Individual, Couples, and Family Therapists - Brooklin*

---

**4.7 \*** *Sosna Psychotherapy - Ajax*

---

**3.7 \*** *MacDonald Psychotherapy - Ajax*

---

**5.0 \*** *Mensah Psychotherapy - Whitby*

## Categories

acupuncture clinic
acupuncturist
addiction treatment center
art studio
bankruptcy service
child health care centre
child psychologist
chiropractor
community center
community health centre
consultant
corporate office
counselor
dentist
doctor
education center
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
occupational health service
orthopedic clinic
orthotics & prosthetics service
personal trainer
pharmacy
physical therapist

physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
skin care clinic
sleep clinic
social worker
spa
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio