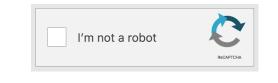


Mindtrek: Services and businesses in Canada

#### Milestone Wellness - Amherstview

Psychotherapist In Amherstview



Published on: 01/06/25	Hits: 50
Comments: 0	See comments
Votes: 5	Score: 5

https://www.mindtrek.ca/psychotherapist/amherstview/milestone-wellness-amherstview\_365293.php



# Psychotherapist In Amherstview

## Milestone Wellness - Amherstview

#### **Discover Milestone Wellness: Your Path to Mental Well-Being**

If you're searching for a compassionate and effective therapist in Amherstview, Ontario, look no further than **Milestone Wellness**. Led by the remarkable **Brant Stachel**, this wellness center offers a unique blend of personalized therapy and ongoing support that can help you navigate various life challenges.

#### Accessibility Features at Milestone Wellness

Milestone Wellness is committed to ensuring that everyone has access to their services. The facility boasts a **wheelchair-accessible car park**, making it easy for individuals with mobility needs to attend their appointments. Additionally, the center is designed with **accessibility** in mind, creating a welcoming environment for all clients.

### Why Appointments are Recommended

To get the most out of your experience at Milestone Wellness, **appointments are recommended**. This allows Brant to tailor his therapeutic approach to your unique needs, ensuring that each session is both effective and enriching. Many clients appreciate the structured setting, as it fosters a sense of security and trust.

### A Range of Amenities to Support Your Journey

At Milestone Wellness, you'll find a variety of amenities designed to enhance your experience. The clinic is equipped with comfortable spaces that promote relaxation and focus during your sessions. This attention to detail helps create a nurturing atmosphere where personal growth can flourish.

### **Expert Guidance from Brant Stachel**

Brant Stachel's expertise extends beyond traditional counseling; he offers invaluable insights drawn from his extensive knowledge in sports performance and athletics. Clients have reported significant improvements in managing anxiety and overcoming challenges such as eating disorders, crediting his empathetic and supportive approach.

### Conclusion

If you're ready to embark on a journey toward better mental health, consider visiting **Milestone Wellness** in Amherstview. With its accessibility features, strong recommendations for appointments, and a wide range of amenities, you can trust that you're in good hands. Brant Stachel is more than a therapist; he's a mentor dedicated to guiding you every step of the way. Don't hesitate to reach out and take the first step toward a healthier, happier you.

#### You can visit us at the address:

185 Pratt Dr, K7N 0C1 Amherstview, Ontario - Canada (CA)

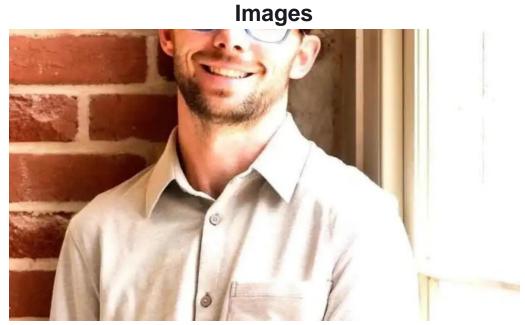
The contact phone of this **Psychotherapist** is  $\pm 1613-770-0913$ And if you want to send a WhatsApp, you can do so at $\pm 1613-770-0913$ 

#### We open at the following schedule:

Day Hours Monday 9?AM–9?PM Tuesday 9?AM–9?PM Wednesday 9?AM–9?PM Thursday 9?AM–9?PM Saturday 9?AM–9?PM Saturday 9?AM–9?PM

The website is MILESTONE Wellness

If necessary to change any element that you feel is not correct related to this page, please forward a message and we will fix it at the earliest convenience. Thanks beforehand thank you very much.



Milestone wellness amherstview

## Tags

Toilet, Accessibility, Appointments recommended, Wheelchair-accessible car park, Amenities, Planning

## **Related content**

5.0 *	Somiro Wellness - Chatham
4.6 *	Elysian Wellness Centre - Kanata - Nepean
5.0 *	Jenn Prothero Wellness - Chatham
4.9 *	Innisfil Wellness Centre - Innisfil
4.7 *	The Priory Wellness Centre - Belleville
5.0 *	Renewed Health & Wellness - Orillia
5.0 *	Balanced Mind and Wellness Inc Etobicoke
4.9 *	Quinte Massage Therapy & Wellness - Belleville
4.9 *	Discover Wellness - Orillia
4.7 *	Wallaceburg Wellness Centre - Wallaceburg

# Categories

academic department
accounting firm
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
alternative medicine practitioner
applied behavior analysis therapist
art studio
assisted living facility
association / organization
astrologer
audiologist
bankruptcy service
beauty salon
business management consultant

child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
civil police
community center
community health centre
computer support and services
consultant
corporate office
counselor
coworking space
crisis center
cultural center
day care center
dental clinic
dentist
doctor
education center
educational institution
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center
financial consultant
fitness center
government office
hair salon
health and beauty shop
health counselor
health spa
hearing aid store
holistic medicine practitioner
home health care service
hospital
hotel
hypnotherapy service
insolvency service
kindergarten
• • • • • • • • • • • • • • • • • • •

laser hair removal service
lawyer
learning center
life coach
loan agency
local medical services
lymph drainage therapist
marketing agency
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group
medical office
medical spa
mental health clinic
mental health service
mortgage broker
mosque
motel
naturopathic practitioner
non-profit organization
nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist

rehabilitation center
reiki therapist
self defense school
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
superfund site
support group
therapists
used car dealer
veterinarian
wellness center
women's health clinic
yoga instructor
yoga studio