

Sosna Psychotherapy - Ajax

ajax

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Sosna Psychotherapy: A Safe Space for All

Located in Ajax, ON, **Sosna Psychotherapy** is dedicated to providing an inclusive and welcoming environment for everyone, particularly those in the LGBTQ+ community, including individuals who identify as transgender. This practice emphasizes the importance of creating a **transgender safe space** where clients can feel comfortable expressing themselves without fear of judgment.

Accessibility Features

The well-thought-out **accessibility** features at Sosna Psychotherapy ensure that all clients can easily reach their appointments. The facility includes a **wheelchair-accessible car park**, making it easy for those with mobility challenges to access the services they need. Additionally, amenities such as a **toilet** are provided to ensure comfort during visits.

Planning Your Visit

It is important to note that an **appointment is required** for all sessions at Sosna Psychotherapy. This helps maintain a structured environment catering to individual client needs. It's recommended to plan ahead to secure your spot and benefit from the exceptional care offered by the professionals here.

A Community Hub

Sosna Psychotherapy not only serves as a therapy center but also functions as a **community hub** for diverse groups. Clients have expressed appreciation for this aspect, highlighting how the practice promotes a feeling of belonging among attendees. By actively fostering a **crowd** of like-minded individuals, the practice encourages social connections and support networks, vital for mental well-being.

A Women-Owned Business

Identifying as a **women-owned** business, Sosna Psychotherapy takes pride in empowering female therapists and leaders in the field. This focus on women's perspectives enhances the therapeutic process and reinforces the nurturing atmosphere that clients experience.

Conclusion

For anyone seeking a compassionate, inclusive therapy experience in Ajax, ON, Sosna Psychotherapy stands out as a premier choice. With an unwavering commitment to accessibility, community, and empowerment, this practice ensures that every client feels safe and valued.

You can reach us at

15, 75 Bayly St W Unit #266, L1S 7K7 Ajax, ON - Canada (CA)

The contact phone of the respective **Psychotherapist** is +1905-767-4666
And if you want to send a WhatsApp, you can do so at +1905-767-4666

Visit us during the following hours:

Day Hours

Monday

6–8?PM

Tuesday

6–8?PM

Wednesday

6–8?PM

Thursday

6–8?PM

Friday

9?AM–3?PM

Saturday

Closed

Sunday

12–6?PM

The website is [Sosna Psychotherapy](#)

If you require to modify any detail that you consider is not correct related to this web, please send a message so that we will adjust it at the earliest convenience. In advance thanks.

Images



Sosna psychotherapy map



Sosna psychotherapy by owner



Sosna psychotherapy all



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Tags

LGBTQ+ friendly, From the business, Toilet, Appointment required, Accessibility, Planning, Crowd, Identifies as women-owned, Amenities, Transgender safe space, Wheelchair-accessible car park

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