

NuVista Mental Health - Ottawa

Psychologist In Ottawa



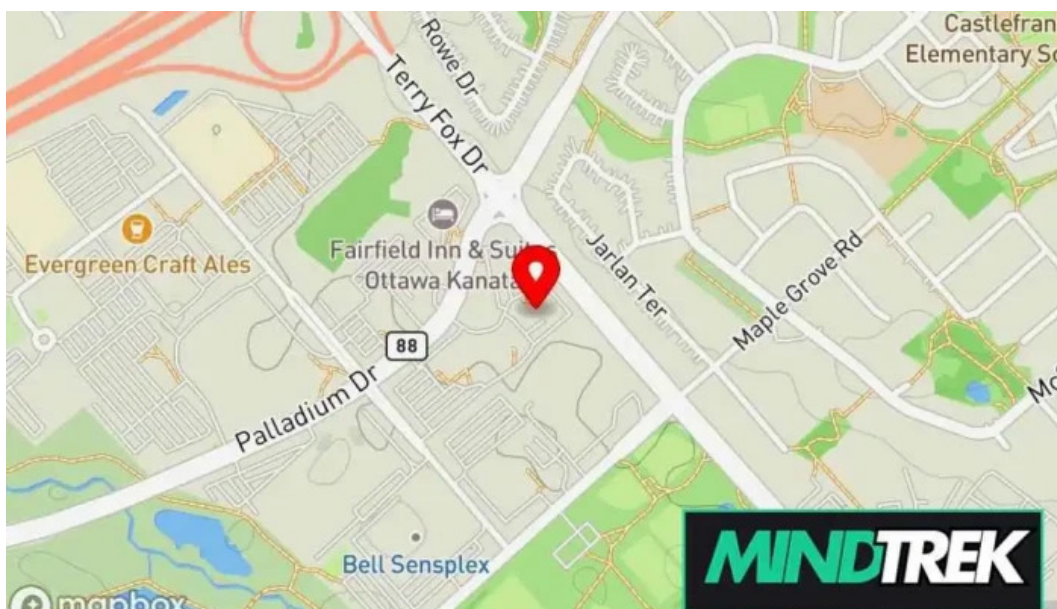
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https://www.mindtrek.ca/psychologist/ottawa/nuvista-mental-health-ottawa_318541.php



Psychologist In Ottawa

NuVista Mental Health - Ottawa

Welcome to NuVista Mental Health in Ottawa, Ontario

NuVista Mental Health is a premier psychological service located in the heart of Ottawa, Ontario. This establishment provides comprehensive support for individuals seeking to improve their mental well-being.

Accessibility and Amenities

At NuVista, ****accessibility**** is a top priority. The facility features a ****wheelchair-accessible entrance**** and a convenient ****wheelchair-accessible car park****, ensuring that all clients can easily access the services they need.

For comfort and convenience, there are clean ****toilets**** available on-site, making it a welcoming environment for everyone.

Planning Your Visit

When planning your visit, it is highly recommended to schedule an appointment in advance. Many clients have praised the efficient front desk service, particularly highlighting Rachel's helpfulness in setting up appointments and providing valuable information about the services offered.

Positive Experiences with Therapists

Clients have shared remarkable experiences with various therapists at NuVista. For instance, Irina has been noted for her insightful and professional approach, helping individuals navigate their mental health challenges effectively. Another client mentioned their positive experience with Ilma, who introduced them to a free trial of neurofeedback therapy, showcasing the staff's commitment to client satisfaction and mental health improvement.

Therapeutic Environment

Feedback from visitors indicates that NuVista offers a serene atmosphere ideal for therapy sessions. The space is well-lit, quiet, and free from strong scents, creating a comfortable environment conducive to mental health discussions. The building is maintained impeccably, further enhancing the overall experience for clients seeking support.

Addressing Challenges

While many have had positive experiences, a few clients have expressed concerns regarding specific interactions at the front desk. Instances of miscommunication and perceived indifference were reported, suggesting a need for ongoing staff training to ensure every client feels valued and respected during their visits.

Conclusion

Overall, NuVista Mental Health stands out as a valuable resource for those looking to enhance their mental wellness in Ottawa. With its commitment to ****accessibility****, a range of amenities, and a team of dedicated professionals, it is a promising choice for anyone seeking psychological support. Whether you are looking to plan your first appointment or return for ongoing care, NuVista strives to make each visit a rewarding experience.

We are located at

600 Terry Fox Dr #202, K2L 4B6 Ottawa, Ontario - Canada (CA)

The phone of said **Psychologist** is +1613-435-3055

And if you want to send a WhatsApp, you can do so at +1613-435-3055

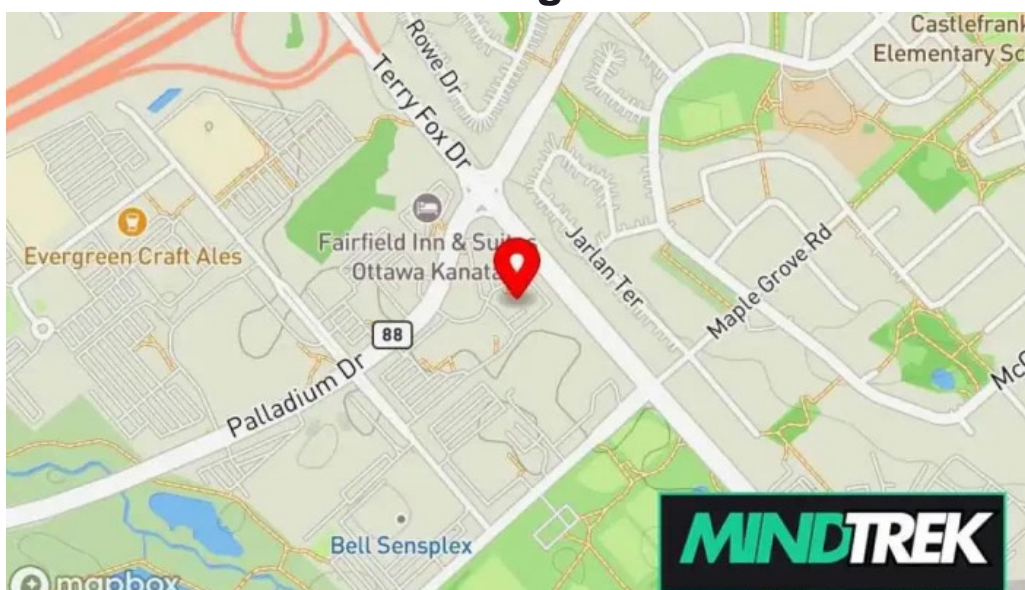
Our service hours are:

Day Hours
Monday
9?AM–6?PM
Tuesday
9?AM–6?PM
Wednesday
9?AM–6?PM
Thursday
9?AM–6?PM
Friday
Closed
Saturday
Closed
Sunday
9?AM–6?PM

The website is [NuVista Mental Health](#)

If you need to change any data that you believe is not correct concerning this portal, we urge you to deliver a message so that we will adjust it promptly. Thanks beforehand thank you very much.

Images



Nuvista mental health ottawa

Tags

Appointments recommended, Accessibility, Toilet, Wheelchair-accessible car park, Wheelchair-accessible entrance, Amenities, Planning

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child health care centre
child psychologist
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lymph drainage therapist
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