

## Centre For Cognitive Behaviour Therapy - Ajax

ajax

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## *Centre For Cognitive Behaviour Therapy - Ajax*

### **Centre For Cognitive Behaviour Therapy in Ajax, Ontario**

The **Centre For Cognitive Behaviour Therapy** located in Ajax, Ontario, is renowned for its specialized approach to mental health through cognitive behavioral therapy (CBT). Offering a range of amenities, the centre ensures that every client feels welcomed and supported.

### **Amenities for Comfort and Convenience**

At the Centre, you can expect a variety of **amenities** designed to enhance your experience. The warm and inviting environment, coupled with the

professionalism of the staff, creates a safe space for individuals seeking mental health support.

## **Accessibility Features**

One standout feature of the Centre is its commitment to **accessibility**. The facility includes: - A **wheelchair-accessible car park**, making it easier for individuals with mobility challenges to access services. - Conveniently located **toilets** that are fully accessible, ensuring all clients can use facilities without difficulty.

## **Exceptional Client Service**

Clients have consistently praised the exceptional service at the Centre. Many have noted the kindness of the receptionist, who goes above and beyond to assist those in need. For instance, when one individual called and discovered there was a wait list, the receptionist didn't just leave them hanging. Instead, she took the initiative to email a list of other CBT therapists, demonstrating the centre's dedication to client care.

## **Conclusion**

If you are seeking cognitive behavioral therapy in Ajax, Ontario, the **Centre For Cognitive Behaviour Therapy** stands out not only for its professional services but also for its commitment to accessibility and exceptional client service. The kind and helpful staff ensure that everyone can find the support they need. Don't hesitate to reach out and begin your journey toward better mental health.

## **The location of our business is in**

95 Bayly St W Suite 505, L1S 7K8 Ajax, Ontario - Canada (CA)

The contact line of this **Psychologist** is +1905-427-2007

And if you want to send a WhatsApp, you can do so at +1905-427-2007

## **Our service hours are:**

Day Hours  
Monday  
8?AM–7?PM  
Tuesday  
8?AM–7?PM  
Wednesday  
8?AM–7?PM

Thursday  
8?AM–7?PM  
Friday  
8?AM–7?PM  
Saturday  
9?AM–5?PM  
Sunday  
Closed

The website is [Centre For Cognitive Behaviour Therapy](#)

If you need to adjust any information that you think is not correct concerning this portal, we kindly request forward a message so we can we will handle it as soon as possible. Thanks beforehand thank you very much.

## Images



*Centre for cognitive behaviour therapy street view 360deg*



*Centre for cognitive behaviour therapy map*



*Centre for cognitive behaviour therapy by owner*



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## Tags

*Amenities, Toilet, Accessibility, Wheelchair-accessible car park*

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