

## Kapwa Counselling & Psychotherapy - Toronto

Mental Health Service In Toronto



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### *Mental Health Service In Toronto*

## *Kapwa Counselling & Psychotherapy - Toronto*

### Introducing Kapwa Counselling & Psychotherapy

Kapwa Counselling & Psychotherapy, located in Toronto, Ontario, is a mental health service that emphasizes inclusivity and accessibility. It is proudly **\*\*women-owned\*\*** and identifies as a **\*\*Transgender safe space\*\***, making it a welcoming environment for all individuals, including those from the LGBTQ+ community.

### Service Options and Amenities

Kapwa offers various **\*\*service options\*\*** tailored to meet the diverse needs of its clients. From traditional talk therapy to alternative therapies, clients can find a method that resonates with them. Not only do they provide **\*\*language assistance\*\*** to cater to non-English speakers, but they also ensure that all amenities, including a **\*\*toilet\*\***, are available for comfort during appointments.

### **Why Appointments Are Recommended**

While **\*\*appointments are required\*\*** for consultations, potential clients are encouraged to book their sessions in advance as the demand can lead to crowded scheduling. This helps to ensure a more personalized experience, allowing clients to express themselves freely without feeling rushed.

### **Client Experiences**

Many individuals have shared their positive experiences at Kapwa Counselling. One patient highlighted the importance of finding a therapist who listens without judgment. Joanna, one of the therapists, was praised for her ability to offer thoughtful insights and "homework" that propelled personal growth. Clients have mentioned that they feel safe to discuss personal issues without the fear of being judged—an essential part of effective therapy. However, it is worth noting that experiences can vary. Some clients have expressed dissatisfaction with the consultation process, citing feelings of unease due to comments made by therapists. It's crucial for prospective clients to be aware of these varied experiences while considering Kapwa for their mental health needs.

### **The Kapwa Commitment**

From the business perspective, Kapwa Counselling is dedicated to creating a safe and supportive environment where individuals can explore their mental health challenges openly. They strive for accessibility and inclusivity, ensuring that everyone feels valued and heard. In conclusion, Kapwa Counselling & Psychotherapy stands out as a relevant option for those seeking mental health services in Toronto. With its commitment to diversity, offering a **\*\*transgender safe space\*\***, and focus on individualized care, it remains an essential resource for many individuals navigating their mental health journeys.

### **Our business is found at**

2806 Dundas St W, M6P 1Y5 Toronto, Ontario - Canada (CA)

The contact phone of the respective **Mental health service** is +1647-491-2611  
And if you want to send a WhatsApp, you can do so at +1647-491-2611

### **Our public attention hours are:**

## Day Hours

Monday

12–4?PM 6–8?PM

Tuesday

12–4?PM 6–8?PM

Wednesday

12–4?PM

Thursday

12:30–4:30?PM

Friday  
Closed

Saturday

12–4?PM 6–8?PM

Sunday

12–4?PM 6–8?PM

The website is [Kapwa Counselling & Psychotherapy](#)

If you need to alter any data that you think is not accurate regarding this portal, please send a message so we can we will adjust it quickly. With anticipation thanks.

## Images



*Kapwa counselling psychotherapy toronto*

## Tags

*Appointments recommended, Planning, Toilet, From the business, Crowd, Service options, Identifies as women-owned, Amenities, LGBTQ+ friendly, Language assistance, Appointment required, Transgender safe space*

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## Categories

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| accounting firm                     |
| acupuncture clinic                  |
| acupuncturist                       |
| addiction treatment center          |
| advertising agency                  |
| alternative medicine practitioner   |
| applied behavior analysis therapist |
| art studio                          |
| assisted living facility            |
| association / organization          |
| astrologer                          |
| audiologist                         |
| bankruptcy service                  |
| beauty salon                        |
| business management consultant      |
| child care agency                   |
| child health care centre            |
| child psychologist                  |

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| chiropractor                   |
| citizen information bureau     |
| civil police                   |
| community center               |
| community health centre        |
| computer support and services  |
| consultant                     |
| corporate office               |
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| coworking space                |
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| day care center                |
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| educational institution        |
| emdr psychotherapist           |
| emergency training             |
| equestrian facility            |
| family counselor               |
| family practice physician      |
| family service center          |
| financial consultant           |
| fitness center                 |
| government office              |
| hair salon                     |
| health counselor               |
| health spa                     |
| hearing aid store              |
| holistic medicine practitioner |
| home health care service       |
| hospital                       |
| hotel                          |
| hypnotherapy service           |
| insolvency service             |
| kindergarten                   |
| laser hair removal service     |
| lawyer                         |
| learning center                |
| life coach                     |
| loan agency                    |

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| lymph drainage therapist           |
| marketing agency                   |
| marriage or relationship counselor |
| massage spa                        |
| massage therapist                  |
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| medical clinic                     |
| medical group                      |
| medical office                     |
| medical spa                        |
| mental health clinic               |
| mental health service              |
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| motel                              |
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| non-profit organization            |
| nutritionist                       |
| occupational health service        |
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| orthopedic clinic                  |
| orthotics & prosthetics service    |
| osteopath                          |
| pain control clinic                |
| pediatric clinic                   |
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| psychiatrist                       |
| psychologist                       |
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| psychopedagogy clinic              |
| psychotherapist                    |
| rehabilitation center              |
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| self defense school                |
| skin care clinic                   |
| sleep clinic                       |

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| social services organization     |
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| veterinarian                     |
| wellness center                  |
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