

## Health Counselling and Therapy - Sarnia

Mental Health Service In Sarnia



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### *Mental Health Service In Sarnia*

### *Health Counselling and Therapy - Sarnia*

#### **Mental Health Service: Health Counselling and Therapy in Sarnia, Ontario**

Finding the right mental health support can be a transformative experience. Located in Sarnia, Ontario, **Health Counselling and Therapy** is an exceptional provider dedicated to offering comprehensive services that cater to diverse needs, making it a standout choice for many.

#### **Accessibility and Amenities**

One of the key features of **Health Counselling and Therapy** is its commitment to **accessibility**. The facility boasts a **wheelchair-accessible car park**, ensuring that everyone can easily access the services they need. Additionally, **toilets** are available that meet accessibility standards, further enhancing the comfort and convenience of all clients.

### **Inclusivity: A Safe Space for Everyone**

This practice identifies as **women-owned** and provides a **transgender safe space** for individuals of all gender identities. Coupling this with a strong focus on being **LGBTQ+ friendly**, Health Counselling and Therapy fosters an inclusive environment where everyone feels welcomed and respected.

### **Service Options and Language Assistance**

Health Counselling and Therapy offers a variety of **service options** tailored to meet the unique needs of their clients. From traditional talk therapy to specialized techniques like EMDR therapy, clients have the freedom to choose what resonates best with them. Moreover, **language assistance** is available, ensuring that language barriers do not hinder anyone from receiving the help they deserve.

### **Planning Your Visit**

When visiting Health Counselling and Therapy, it is recommended that clients book **appointments** in advance. This helps manage the **crowd** and ensures a more personalized experience, allowing therapists to dedicate their time effectively to each individual.

### **Client Experiences: Life-Changing Therapy**

Many clients have shared their positive experiences with Health Counselling and Therapy. One client remarked, "Amazing Counselling! Cannot recommend enough; I tried out EMDR therapy and it was life-changing. After a couple of months, I have a new outlook on my life and am happy and excited to see where it goes." Such testimonials highlight the impact of their work and the dedicated approach taken by therapists like Corrie, who prioritize client comfort and understanding.

### **Conclusion**

In conclusion, **Health Counselling and Therapy** in Sarnia, Ontario, stands out as a beacon of hope for those seeking mental health support. With a focus on

accessibility, inclusivity, and diverse service options, it is an ideal place for anyone looking to invest in their mental well-being.

### **Our business is located at**

162 Cromwell St, N7T 5T9 Sarnia, Ontario - Canada (CA)

The phone of this **Mental health service** is +1226-349-7937

And if you want to send a WhatsApp, you can do so at +1226-349-7937

### **We open at the following schedule:**

Day	Hours
Monday	8?AM–7?PM
Tuesday	8?AM–7?PM
Wednesday	8?AM–7?PM
Thursday	8?AM–7?PM
Friday	8?AM–6?PM
Saturday	Closed
Sunday	Closed

The website is Health Counselling and Therapy

If you wish to adjust any data that you think is incorrect concerning this site, please forward a message so we can we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

## **Images**



*Health counselling and therapy sarnia*

## Tags

*Planning, Accessibility, Appointments recommended, Language assistance, Crowd, Wheelchair-accessible car park, Amenities, LGBTQ+ friendly, Identifies as women-owned, From the business, Transgender safe space, Service options, Toilet*

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advertising agency
art studio
association / organization
astrologer
bankruptcy service
child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
computer support and services
consultant
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crisis center
dentist
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health counselor
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home health care service
hotel
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laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor

massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
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occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
pediatric clinic
personal trainer
pharmacy
physical therapist
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rehabilitation center
skin care clinic
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social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
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support group
wellness center
yoga studio