

## Crew Psychotherapy and Trauma Services - Whitby

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## *Crew Psychotherapy and Trauma Services - Whitby*

### **CREW Psychotherapy and Trauma Services: A Safe Haven in Whitby, Ontario**

Located in the heart of Whitby, Ontario, **\*\*CREW Psychotherapy and Trauma Services\*\*** stands out as a beacon of hope for those seeking mental health support. With a focus on accessibility and inclusivity, this clinic is designed to cater to a diverse clientele, ensuring that everyone feels welcome and safe.

#### **Accessibility Features That Matter**

At CREW Psychotherapy, **wheelchair-accessible seating** is a priority, making it easier for individuals with mobility challenges to access their services. The clinic also boasts a **wheelchair-accessible toilet**, as well as **gender-neutral toilets**, ensuring that all clients can feel comfortable during their visits. For those driving to the clinic, **on-site parking** is available, including a **free parking lot** and a **wheelchair-accessible car park**. This thoughtful planning ensures that transportation barriers are minimized, allowing clients to focus on their mental health journey.

## **A Transgender Safe Space**

CREW Psychotherapy prides itself on being an **LGBTQ+ friendly** environment. The clinic is recognized as a **transgender safe space**, where individuals can openly discuss their experiences and challenges without fear of judgment. This commitment to inclusivity is essential for fostering trust and promoting healing.

## **Appointment Requirements and Service Options**

Clients interested in utilizing the services at CREW Psychotherapy should note that **appointments are required**. This structure not only allows for personalized attention but also ensures that each individual receives the necessary time and care during their sessions. CREW offers a range of **service options** tailored to meet the unique needs of each client, making it a versatile choice for many different mental health challenges.

## **A Community-Centric Approach**

The feedback from clients highlights the effectiveness of the services offered at CREW. One parent shared their experience about their 17-year-old son, who initially had reservations about attending therapy. After seven bi-weekly sessions, he was equipped with the **tools and skills needed to work through his issues independently**. This positive outcome reflects the clinic's dedication to empowering their clients.

## **Amenities and Language Assistance**

CREW Psychotherapy understands the importance of providing a welcoming atmosphere. The amenities available contribute to a comfortable environment where clients can engage in their therapy sessions fully. Additionally, language assistance is offered, ensuring accessibility for clients who may require support in communication.

## **Conclusion**

In summary, **CREW Psychotherapy and Trauma Services** in Whitby, Ontario, stands as a model of what a mental health clinic should aspire to be: accessible, inclusive, and community-focused. With their commitment to providing a safe space for all individuals, especially within the LGBTQ+

community, they offer vital support in navigating mental health challenges. If you're seeking a compassionate team ready to assist you on your path to wellness, consider reaching out to CREW.

### **Our location is in**

*701 Rossland Rd E Suite 209c, L1R 1Y5 Whitby, Ontario - Canada (CA)*

The contact phone of the mentioned **Mental health clinic** is +1905-665-5543  
And if you want to send a WhatsApp, you can do so at +1905-665-5543

The website is CREW Psychotherapy and Trauma Services

If you need to adjust any detail that you think is incorrect regarding this site, we urge you to send us a message and we will correct it quickly. With anticipation thanks.

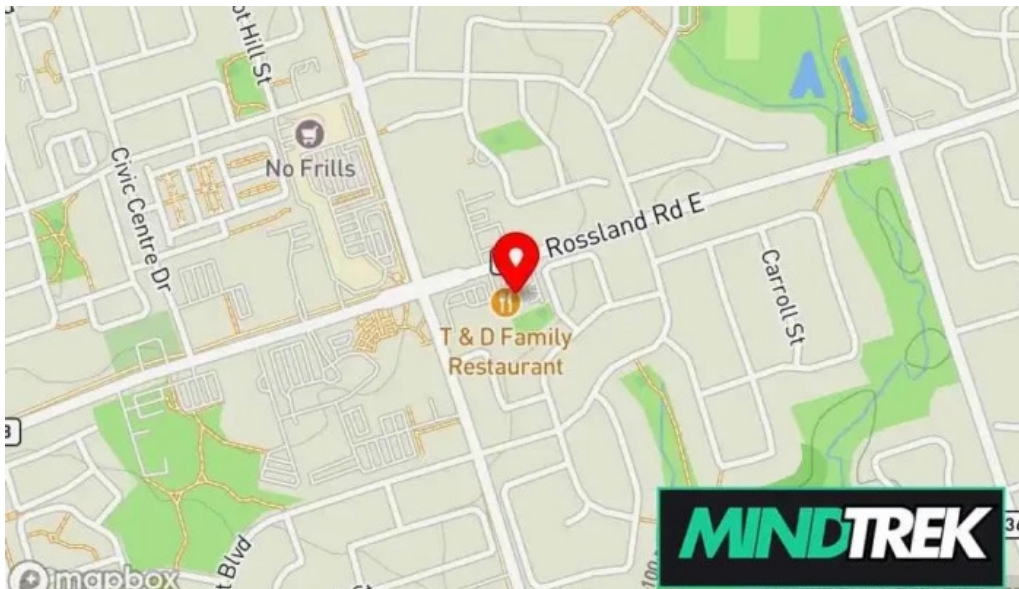
## **Images**



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## Tags

*Service options, Transgender safe space, Toilet, Crowd, Amenities, Free parking lot, Gender-neutral toilets, Parking, Wheelchair-accessible car park, Planning, Accessibility, LGBTQ+ friendly, Wheelchair-accessible seating, Wheelchair-accessible toilet, Appointment required, Language assistance, On-site parking*

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