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#### Centre Dimensions Inc. - Kanata

Mental Health Clinic In Kanata



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# Mental Health Clinic In Kanata

Centre Dimensions Inc. - Kanata

# **Exploring Centre Dimensions Inc.: A Mental Health Clinic in Kanata, Ontario**

Centre Dimensions Inc. is a prominent mental health clinic located in Kanata, Ontario, offering a range of services aimed at supporting individuals and families facing mental health challenges. This clinic stands out for its commitment to accessibility and inclusivity.

# **Accessibility Features**

One of the core values of Centre Dimensions Inc. is \*\*accessibility\*\*. The clinic

boasts an \*\*on-site parking\*\* facility with a \*\*wheelchair-accessible car park\*\*, ensuring that all patients can easily access the services provided. Additionally, there is a \*\*wheelchair-accessible toilet\*\*, catering to the needs of patients with mobility challenges.

#### **Women-Owned Business**

Centre Dimensions Inc. proudly identifies as a \*\*women-owned business\*\*, reflecting a commitment to empowering women in the field of mental health. This aspect is essential for fostering a supportive environment where diverse perspectives are valued and respected.

## **Caring Approach to Mental Health**

From the business's foundational ethos, it is clear that \*\*planning and care\*\* are at the forefront of their operations. Many clients express how welcoming and supportive the staff are, creating a safe space for individuals from various backgrounds, including the \*\*LGBTQ+ community\*\*. The clinic emphasizes being a \*\*transgender safe space\*\*, fostering an environment of acceptance and understanding.

### **Community Feedback**

Feedback from clients highlights the profound impact that Centre Dimensions Inc. has had on their mental health journeys. One client remarked, "Matt is incredibly knowledgeable about sports injuries and always provides helpful stretches to support recovery." This showcases the extensive range of expertise available at the clinic. Moreover, another family emphasized the profound relief they experienced through the support of the staff, stating, "We truly feel that being introduced to Dimensions treatment and resources... has proven to be one of the greatest reliefs and blessings in our family's struggle with lifelong mental health challenges." Such testimonials underscore the importance of finding the right mental health resources.

# **Appointments and Amenities**

While \*\*appointments are required\*\* to access services, it is highly recommended to schedule \*\*appointments\*\* ahead of time to ensure availability. The clinic features a \*\*free parking lot\*\*, allowing for easy access without the stress of finding a suitable parking spot. Clients appreciate not having to navigate crowded parking scenarios, further enhancing their overall experience.

#### Conclusion

In conclusion, Centre Dimensions Inc. in Kanata, Ontario, is more than just a mental health clinic; it is a sanctuary for individuals seeking support and understanding. With its commitment to accessibility, inclusivity, and compassionate care, it continues to make a significant impact in the lives of

those it serves. If you or a loved one are looking for a supportive environment for mental health treatment, consider reaching out to Centre Dimensions Inc.

#### Our business is located at

309 Legget Dr #102, K2K 3A3 Kanata, Ontario - Canada (CA)

The contact line of this **Mental health clinic** is <u>+1613-592-3344</u> And if you want to send a WhatsApp, you can do so at<u>+1613-592-3344</u>

#### Our public attention hours are:

Day Hours
Monday

9?AM-4:30?PM
Tuesday

9?AM-4:30?PM
Wednesday

9?AM-4:30?PM
Thursday

9?AM-3:30?PM
Friday
10?AM-3?PM
Saturday
Closed
Sunday

9?AM-4:30?PM

The website is Centre Dimensions Inc.

In case you want to update any information that you consider is not accurate concerning this page, please deliver a message so we can we will handle it quickly. With anticipation thank you very much.

# **Images**



Centre dimensions inc kanata

# **Tags**

LGBTQ+ friendly, From the business, Wheelchair-accessible toilet, Toilet, Crowd, On-site parking, Wheelchair-accessible car park, Amenities, Accessibility, Transgender safe space, Identifies as women-owned, Appointments recommended, Planning, Appointment required, Free parking lot, Parking

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emergency training
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psychologists
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