

Dig A Little Deeper, Psychotherapy & Counselling - Alliston

alliston

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Dig A Little Deeper, Psychotherapy & Counselling - Alliston

Mental Health Clinic: Dig A Little Deeper, Psychotherapy & Counselling

Located in Alliston, Ontario, **Dig A Little Deeper** is a mental health clinic that offers a range of services aimed at supporting individuals through their mental health journeys. With an emphasis on accessibility and inclusivity, this clinic identifies as women-owned and provides a **transgender safe space** for clients.

Appointment Requirements

Appointments are required at **Dig A Little Deeper**. Clients must plan ahead to secure their sessions, which can be challenging due to high demand. Some clients have expressed disappointment in the scheduling process, noting difficulties in obtaining timely appointments. For instance, one client reported waiting three weeks only to experience last-minute cancellations.

Accessibility and Amenities

The clinic prides itself on being accessible to a diverse clientele. It features a **wheelchair-accessible car park** and offers a number of **on-site services** designed to accommodate various needs. Clients can benefit from amenities like **free parking lots** and **free of charge street parking**, ensuring convenient access to the location.

Language Assistance and Service Options

Language assistance is available for clients who may require support in navigating their therapy journey. This is part of the clinic's commitment to provide comprehensive care to all individuals, regardless of their linguistic background. The various **service options** allow for a tailored experience, accommodating the unique needs of each client.

Client Experience

While many clients appreciate the inclusive environment and the LGBTQ+ friendly policies, some have voiced concerns regarding service reliability. One dissatisfied client mentioned significant delays and multiple cancellations, expressing frustration over the lack of timely therapy sessions. This feedback highlights a critical area for improvement within the clinic's administrative procedures.

Final Thoughts

Overall, **Dig A Little Deeper, Psychotherapy & Counselling** aims to provide a supportive environment for individuals seeking mental health services. While there are strengths in accessibility and inclusivity, potential clients should be mindful of the appointment scheduling challenges. It is essential for anyone considering their services to plan accordingly and stay informed about the clinic's operational practices.

For those interested, further information about planning your visit can be obtained directly from the clinic.

The location of our business is in

36 Victoria St W Suite 302, L9R 1S8 Alliston, Ontario - Canada (CA)

The contact phone of said **Mental health clinic** is +1905-584-8963
And if you want to send a WhatsApp, you can do so at +1905-584-8963

We are available at these times:

Day Hours
Monday
9?AM–7?PM
Tuesday
9?AM–6?PM
Wednesday
9?AM–4?PM
Thursday
9?AM–4?PM
Friday
10?AM–4?PM
Saturday
Closed
Sunday
9?AM–5?PM

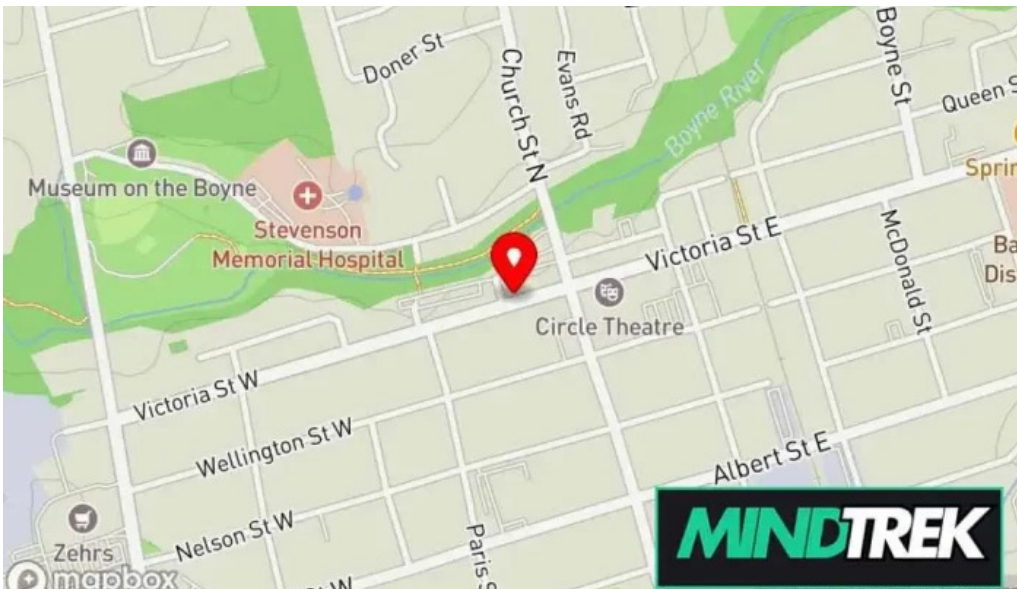
The website is Dig A Little Deeper, Psychotherapy & Counselling

If you wish to change any data that you feel is not precise related to this portal, we kindly request send us a message so we can we will correct it at the earliest convenience. Thank you in advance thanks for your cooperation.

Images



Dig a little deeper psychotherapy counselling street view 360deg



Dig a little deeper psychotherapy counselling map



Dig a little deeper psychotherapy counselling by owner



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Tags

On-site services, On-site parking, Wheelchair-accessible car park, Free of charge street parking, LGBTQ+ friendly, Planning, Parking, Service options, Accessibility, From the business, Free parking lot, Language assistance, Crowd, Amenities, Toilet, Appointment required, Transgender safe space, Identifies as women-owned

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4.7 * *Cbm Psychological & Counselling Services - Pickering*

5.0 * *Durham Counselling - Ajax*

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5.0 * *Centre For Cognitive Behaviour Therapy - Ajax*

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