

Mind Movement Therapy - Nepean

Counselor In Nepean

☐ I'm not a robot



Published on: 02/05/25	Hits: 79
Comments: 0	See comments
Votes: 52	Score: 3.8

https://www.mindtrek.ca/counselor/nepean/mind-movement-therapy-nepean_260956.php



Counselor In Nepean

Mind Movement Therapy - Nepean

Counselor Mind Movement Therapy in Nepean, Ontario

Counselor Mind Movement Therapy has gained recognition in Nepean, Ontario, for its unique approach to mental wellness. This therapeutic practice focuses on integrating mind and movement to enhance emotional and psychological health.

Amenities Offered

The facility is equipped with a range of **amenities** designed to create a soothing

and supportive environment for clients. Comfortable consultation rooms, access to outdoor spaces, and relaxation areas contribute to a holistic experience. These features are essential for fostering a calm atmosphere where individuals can freely express their emotions and thoughts.

Appointments Recommended

To fully benefit from the offerings at Counselor Mind Movement Therapy, it is **recommended** that clients schedule appointments in advance. This ensures personalized attention and allows for a tailored therapeutic process. The team at Counselor Mind Movement is dedicated to providing each client with the time and space they need for effective treatment.

Planning Your Visit

When planning your visit, it's important to consider the various programs available. The therapists here focus on developing customized plans that cater to individual needs. These therapeutic sessions often incorporate physical movement, mindfulness techniques, and cognitive behaviors to promote healing.

Facilities and Accessibility

The center also prioritizes accessibility, featuring facilities that are accommodating to all clients. A **toilet** facility is available on-site, ensuring convenience during visits. The overall design of the center demonstrates a commitment to making mental health support accessible to everyone in the community.

Conclusion

Counselor Mind Movement Therapy in Nepean, Ontario, stands out as a beacon of hope for those seeking to improve their mental well-being. With its thoughtful amenities, personalized appointments, and careful planning, it offers a comprehensive approach to therapy that can lead to meaningful change.

You can visit us at the address:

2948 Baseline Rd, K2H 8T5 Nepean, Ontario - Canada (CA)

The phone of said **Counselor** is +1613-252-2972

And if you want to send a WhatsApp, you can do so at +1613-252-2972

Our business hours are:

Day	Hours
Monday	10?AM–3?PM
Tuesday	7?AM–4?PM
Wednesday	9?AM–12?PM
Thursday	Closed
Friday	10?AM–7?PM
Saturday	7?AM–3?PM
Sunday	7?AM–2?PM

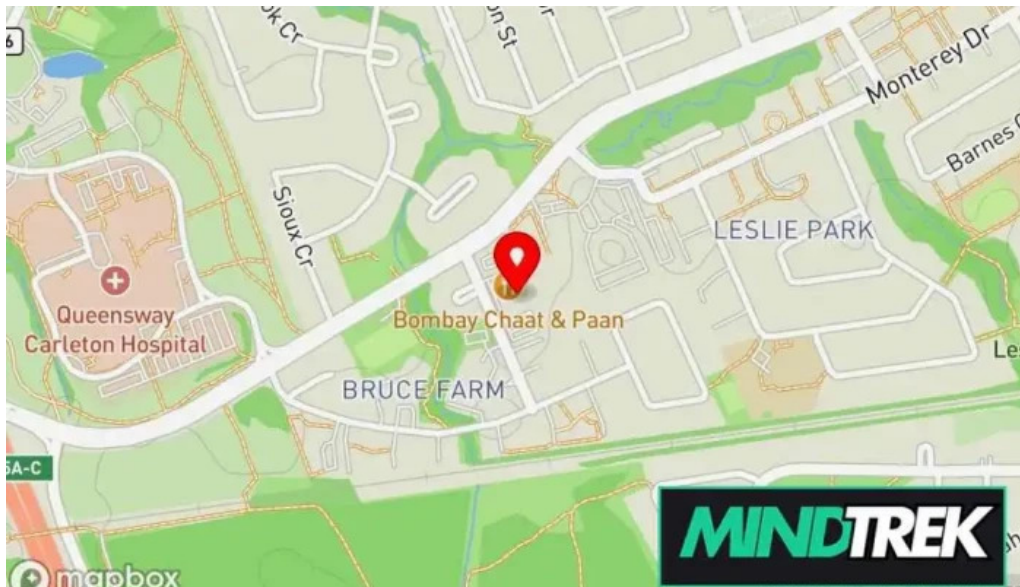
The website is [Mind Movement Therapy](#)

In case you want to adjust any element that you think is not correct regarding this web, we urge you to send us a message so that we will adjust it at the earliest convenience. Thank you in advance thanks for your cooperation.

Images



Mind movement therapy nepean



Mind movement therapy map



Mind movement therapy all

Tags

Amenities, Planning, Toilet, Appointments recommended

Related content

4.7 * *Top Mind - Aurora*

5.0 * *Clear Mind Therapy - Pickering*

5.0 * *Peace of Mind Youth Therapy Services - Innisfil*

5.0 * *Quinte Mind & Body - Belleville*

5.0 *	<i>Mind 2 Heart Connections - Barrie</i>
5.0 *	<i>Positive Mind Wellness Inc. - Newmarket</i>
4.5 *	<i>Mind Mend Psychotherapy - Arnprior</i>
5.0 *	<i>Mind Shift Therapy and Neurofeedback: Maternal Mental Health and First Responders, Trauma, Emdr - Barrie</i>
4.9 *	<i>Whole Body and Mind - Ajax</i>
5.0 *	<i>Counselling Body Mind and Soul, Kimberly Gladu - Counselor and Holistic Life Coach - Greater Sudbury</i>

Categories

academic department
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
art studio
association / organization
astrologer
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family practice physician
family service center

fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
rehabilitation center
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic

student career counseling office
support group
wellness center
yoga studio