

Serene Heart Counseling and Psychotherapy - Mississauga

Counselor In Mississauga



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Welcome to Serene Heart Counseling and Psychotherapy

Located in Mississauga, Ontario, **Serene Heart Counseling and Psychotherapy** is a sanctuary for those seeking healing and personal growth. The moment you enter, you're enveloped in a sense of calm, complemented by the genuine care extended by the therapists. This facility is designed to provide an environment where individuals can navigate through life's challenges, such as anxiety and grief, with support and understanding.

Accessibility Features

Serene Heart is committed to ensuring that all clients feel comfortable and welcome. They offer a **wheelchair-accessible car park** and **toilets**, making the facility accessible to everyone. These **amenities** reflect their dedication to inclusivity and planning for diverse needs.

On-Site Services and Support

The center provides a range of **on-site services** tailored to meet individual needs. From therapy sessions focusing on personal growth to support for more complex emotional challenges, clients can find various **service options** to suit their unique circumstances. The compassionate and professional team, including experts like Saima, ensures every client receives the personalized guidance needed to facilitate healing.

Recommendations and Appointments

To make the most of your experience at Serene Heart, **appointments are recommended**. This allows the dedicated therapists to prepare and tailor their approach according to the specific challenges each individual faces. Many clients have expressed their gratitude for the warmth and wisdom offered at this center, often sharing impactful stories of transformation and growth.

A Safe and Non-Judgmental Space

One of the standout features of Serene Heart is the safe and non-judgmental space created by the therapists. Clients feel heard, understood, and supported without fear of judgment. This empathetic approach fosters a therapeutic environment where individuals can openly discuss their thoughts and feelings, ultimately leading to effective healing and growth.

Conclusion

If you are searching for a supportive community that genuinely cares about your well-being, look no further than **Serene Heart Counseling and Psychotherapy** in Mississauga. With their remarkable team of professionals and focus on accessibility, they provide an outstanding service that encourages you to heal at your own pace. Reach out today to begin your journey toward transformation and find the heartfelt support you deserve.

Our premises are located at

5730 Coopers Ave #34, L4Z 2E9 Mississauga, Ontario - Canada (CA)

The phone of said **Counselor** is +1905-541-8897

And if you want to send a WhatsApp, you can do so at +1905-541-8897

Our business hours are:

Day Hours
Monday
10?AM–9?PM
Tuesday
10?AM–9?PM
Wednesday
10?AM–9?PM
Thursday
9?AM–3?PM
Friday
9?AM–3?PM
Saturday
10?AM–9?PM
Sunday
10?AM–9?PM

The website is Serene Heart Counseling and Psychotherapy

In case you want to alter any detail that you believe is not correct about this portal, we kindly request send a message so that we will correct it promptly.
With anticipation thanks for your cooperation.

Images



Serene heart counseling and psychotherapy mississauga

Tags

Wheelchair-accessible car park, Service options, Accessibility, Amenities, Toilet, Appointments recommended, Planning, On-site services

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rehabilitation center
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