

Cfs Counselling + Wellbeing - Barrie

barrie



I'm not a robot



RECAPTCHA

Published on: 28/04/25	Hits: 88
Comments: 0	See comments
Votes: 11	Score: 4.5

https://www.mindtrek.ca/counselor/barrie/cfs-counselling-wellbeing-barrie_238658.php



barrie

Cfs Counselling + Wellbeing - Barrie

CFS Counselling + Wellbeing: A Comprehensive Overview

CFS Counselling + Wellbeing, located in Barrie, Ontario, offers a range of services designed to support individuals dealing with mental health challenges. With its ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****, the facility is committed to ensuring accessibility for all clients.

Accessibility Features

The centre prioritizes ****accessibility****, making it easy for those with mobility challenges to access their services. The ****wheelchair-accessible entrance****

leads directly into a welcoming environment where comfort and confidentiality are paramount. Additionally, the facility provides a ****toilet**** that accommodates individuals with disabilities, ensuring a pleasant experience for everyone who visits.

Planning and Appointments

To maximize the effectiveness of the services, ****appointments are recommended****. This structure allows clients to engage in a more personalized counselling experience, addressing their specific needs. Many individuals have shared positive feedback about how the planning and preparation involved in their sessions have contributed to significant personal growth.

Client Experiences

Clients at CFS Counselling + Wellbeing have reported a variety of experiences: - One client mentioned overcoming chronic anxiety through dedicated work with their counsellor, stating, "After a few months of education and implementing exercises, I can leave the house without being sick." This highlights the effectiveness of the programs offered. - However, not all feedback has been positive. Another couple expressed dissatisfaction with their couples counselling experience, noting a lack of constructive exercises or actionable advice. They felt that the initial bias of their counsellor hindered the potential for resolution. - Conversely, a different client praised their counsellor as "awesome" and described the experience as "life-changing." This illustrates the varied experiences clients may have but also underscores the potential for transformative outcomes.

A Welcoming Space

The physical space of CFS Counselling + Wellbeing has also received commendations. One comment noted the facility's use as a warming centre, emphasizing its role as a community resource. The welcoming atmosphere has made a significant impact, with clients expressing gratitude for the "beautiful space."

Conclusion

CFS Counselling + Wellbeing in Barrie, Ontario, offers a range of services aimed at promoting mental well-being. While most clients have found the counselling effective and supportive, experiences can vary. For those considering seeking help, the centre's ****amenities****, ****accessibility****, and structured planning may provide a solid foundation for recovery and personal development. Whether you're looking for individual therapy or seeking support for relationships, the commitment to client care at CFS Counselling + Wellbeing makes it a valuable resource in the community.

We are positioned at

20 Anne St S, L4N 2C5 Barrie, Ontario - Canada (CA)

The contact line of said **Counselor** is +1705-726-2503

And if you want to send a WhatsApp, you can do so at +1705-726-2503

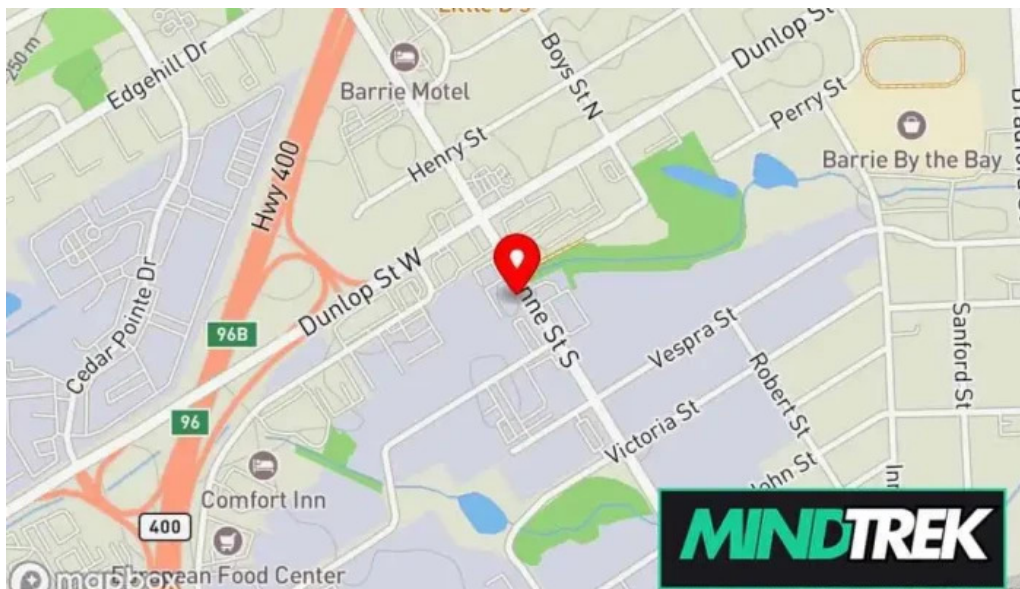
We are open during the following hours:

Day Hours
Monday
9?AM–5?PM
Tuesday
9?AM–8?PM
Wednesday
9?AM–8?PM
Thursday
9?AM–5?PM
Friday
9?AM–5?PM
Saturday
Closed
Sunday
Closed

The website is CFS Counselling + Wellbeing

If necessary to alter any information that you believe is not accurate related to this web, please send us a message and we will handle it quickly. Thanks beforehand thank you very much.

Images



Cfs counselling wellbeing map



Cfs counselling wellbeing barrie



Cfs counselling wellbeing all

Tags

Amenities, Wheelchair-accessible entrance, Toilet, Appointments recommended, Accessibility, Planning, Wheelchair-accessible car park

Related content

3.0 *	<i>Cfs Counselling + Wellbeing - Orillia</i>
5.0 *	<i>Vault Mental Health - Whitby</i>
4.9 *	<i>Next Step Counselling - Amherstburg</i>
4.5 *	<i>Bayridge Counselling Centres Hamilton - Hamilton</i>
5.0 *	<i>Newmarket Counselling Centre - Newmarket</i>
4.2 *	<i>Acorn Counselling - Hamilton</i>
4.5 *	<i>Skill Builders - Barrie</i>
4.8 *	<i>Bloom-Health And Wellness For Growing Families - Barrie</i>
4.9 *	<i>Horseshoe Wellness Chiropractic & Acupuncture - Barrie</i>
3.6 *	<i>In Time Counselling & Consulting Services - Ajax</i>

Categories

academic department

acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
art studio
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner

nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
rehabilitation center
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio